

Beef Barley Crockpot Stew

Recipe Adapted from: BettyCrocker.com

PREP TIME: 15 Min TOTAL TIME: 12 Hr 15 Min | SERVINGS: 5



Ingredients:

- 1 lb. boneless beef round steak
- 2 c. frozen green beans
- 1 c. sliced carrots
- 1 onion, chopped
- 3 cloves garlic, minced
- 4 oz can sliced mushrooms, drained
- 1/2 c. uncooked pearl barley
- 12 oz. jar mushroom gravy
- 3 c. water

Directions:

1. Trim steak and cut into 1" cubes.
2. Combine all ingredients in a 3-4 qt. crock-pot, mix well.
3. Cover and cook on low for 10-12 hours.

Note: If your crock-pot runs hot, check after 6 hours for doneness.

