

Sweetheart Steak



Ingredients

- Beef (20-ounce Boneless Strip Steak or Boneless Rib Steak butterflied into the shape of a heart.)
- Sea Salt
- Fresh Ground Pepper
- Granulated Garlic
- Cooking Oil

Directions:

1. Fire up the grill; baste a little oil on grill rack.
2. Season the sweetheart steak with salt, pepper and garlic.
3. Grill until the inside temperature of the steak is 130 degrees.

